

Mission: RISE Cowley promotes healthy lifestyles by collaborating to raise awareness and encourage involvement for residents of Cowley County, Kansas.

# **RISE Cowley-Steering Committee**

# Agenda

Wednesday, March 7, 2018 – City/Cowley County Health Department, 320 E 9th #2, Winfield – 1:15 p.m.

1. Introductions & Healthy Happenings

Bryant, Sarah - William Newton Hospital	Reid, Becky - K-State Research and Extension		
Cales, Joan - Winfield Public Library	Schwartz, Lori - USD 470		
Falletti, Kerri - Cowley First – Firebaugh, Deb	Schwartz, Taylor - Community Health Center (By		
	phone)		
Greenlee, Lorri - USD 465	Werner, Sarah - Winfield Chamber of Commerce		
Langer, Tom - City-Cowley County Health Dept.	Wood, Yazmin - Legacy Foundation		
Lawson, Andrew - City of Arkansas City	Blanton, Rylee - City-Cowley County Health Dept		
Nihart, Tim - City of Winfield (Parks)	Wall, Charissa - City-Cowley County Health Dept.		

- 2. Minutes of 2/7/2018 Steering Committee Meeting (motion to approve)
  - a. Langer moved to approve the minutes as presented. Reid seconded. Approved unanimously.
- 3. Financial Report- Langer
  - a. Report will be given to the full coalition on March 13<sup>th</sup>. The fiancances will also be reported the newly established Finance Subcommittee, chaired by Langer and Reid.
- 4. Pathways Tasks
  - a. Action Plan Technical Assistance Update(s)/Deadlines Blanton/Wall
    - i. The Action Plan has been reviewed by BCBSKS. They suggested some grammatical corrections as well to clarify that the each achievement grant application needs to pertain to NEW work, not something that is already on-going.
    - ii. Questions were posed by the group and will be taken back to BCBSKS at the next Technical Assistance call.
  - b. Data analytics provide to subcommittees to assist in outlining plan TABLED
  - c. Pathways Subcommittees Reports. Meeting date(s)/Action plan details/Updates. Highlights or issues requiring discussion or action by the Steering Committee as written reports should be submitted one week prior to the meeting for distribution with the agenda.
    - 1. Community Policy **Lawson** 
      - a. No report
    - 2. Resident/Community Well Being Cales/Werner
      - a. No report
    - 3. Food Retail/Restaurants Falletti/Reid
      - a. Sunflower Foundation Grant has provided \$40,000 to hire community liaisons for the grocery truck.
      - b. Anchor Markets launch in May. Funding will be provided by Amerigroup. They will also fund a kick-off event for the truck.
    - 4. Health Care **Bryant** 
      - a. No report
    - 5. Schools Greenlee/L.Schwartz
      - a. Report Attached
    - 6. Worksites Blanton/Wall

a. Wall provided information regarding the Workwell Kansas. There will need to be at least 10 worksites present to the training.

## 7. Communications – **Bryant/Lawson**

- a. Google calendar established and submitted to the Community Tool Box.
- b. The Third Thursday Document will also be utilized for this coalition (resource guide).

## 5. Other Opportunities:

- a. Update: Bike Rack Contest **Reid** 
  - i. Update will be reported at the full coalition meeting (funding for this project will be used from the Childhood Obesity Grant).
- b. Support requested: Ark City Middle School KAY Be the Spark Grant Lawson
  - i. Reid and Blanton will take point on this project. The proposed project will feature 10 exercise stations along the walking trail directly across from the Arkansas City Middle School.
- c. Promotional item/sponsorship: Fun run at the Health and Safety Fair will be a RISE Cowley event. Bracelets for participants will be branded with the RISE logo. The Health Department has offered to underwrite this expense.

## 6. Organizational Development:

As our coalition is evolving, here are a few questions (thanks, Becky, for the assist on this!).

- 1) Does the steering committee hold a separate meeting during the months we convene a full coalition meeting?
  - a. As determined by the group, Steering Committee meetings will be held on alternating months (Steering Committee will not meet on months when there is a full coalition meeting).
- 2) What items should go before the full coalition and what items are automatic for the steering committee?
  - a. As determined by the group, Healthy Happenings, financial report and a three-minute report from each subcommittee will be on the agenda for all full coalition meetings.
  - b. As determined by the group, overarching policies and organization decisions will be handled by the Steering Committee.
- 3) What will be the goals for the bi-monthly full coalition meetings? How can we help engage these members to feel like they have a role and investment? At some point, will we want to have special topics or presentations at the full coalition meetings to help engagement?
  - a. As determined by the group, the Rural Grocery Truck will be a key tool in helping members to invest. Reid will give a brief presentation for the Grocery Truck for members at the March meeting. The May meeting will feature the Pathways Implementation Grants.
- 7. Next Meeting of the Steering Committee. Wednesday, April 4, 2018; 1:15 p.m.; *City/Cowley County Health Department, 320 E 9<sup>th</sup> #2, Winfield 1:15 p.m.*
- 8. Adjournment. (motion)

COMMITMENTS						
Task	Details	Update(s)	Doer	Target Date	Done	
Subcommittee	Written report		Subcommittee	(1) week		
Reports	submitted to		Chair	prior to		
	T.Schwartz			next		
				Steering		
				Committee		
				Meeting		
Committee	Chairs of		Subcommittee	ASAP		
description	subcommittees		Chair			
	should submit a					
	blurb of what the					
	committee does to					
	Bryant to update					
	the website.					

# **FULL coalition meetings - 2018 proposed dates/locations TBD:** (2<sup>nd</sup> Tuesday of odd number months) March 13 – Arkansas City Water Treatment Plant Multipurpose Room, 400 W Madison, Arkansas City; May 8 – Winfield Area Chamber of Commerce, 123 E 9<sup>th</sup> Ave, Winfield;

July 9 – TBD:

September 11 - TBD;

November 13 – TBD



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# **Subcommittee Report**

**Committee Name: Schools** 

Short-term Outcomes: Evaluate individual district Wellness levels, Research what a "modeling" status is

: Wellness Policy Model Guidelines

Intermediate Outcomes: Initiation of Elementary modeling policies county wide

**Long-term Outcomes: County-wide modeling wellness policies** 

Chair of Committee: Lorri Greenlee, Lori Schwartz

Committee Members: Wendy Burton, Troy Moree, PRESENT - Troy Moree, Anthony Blair, Brandy

Cuevas, Kathy Fell, Troy Moree, Jeri Crumbliss, Charissa Wall, Lorri Greenlee, Lori Schwartz

Date of Last meeting: Initial meeting: Monday, February 19, 2018 @ Central Office USD 470

Date of Next meeting: Wednesday, March 28 @ 1:30, location TBD

**Action Items In Progress/Pending:** 

- Research what previous grant recipients have done re: nutrition and physical education
- Create 2 work sub-groups to address both focus areas (nutrition/physical education)
  - o Budget Requirements:

#### **Action Items Completed:**

- Brainstormed possibilities for funding requests
- Recruitment possibilities
  - Budget Requirements:

#### **Recommendations:**

Budget Requirements:

**Questions for the Steering Committee:** 

• Research what previous grant recipients have done re: nutrition and physical education

**Other Comments:** 

**Submitted by: Lori Schwartz** 

**Date Submitted: 2/19/2018** 

Submission guidelines: Please submit to RISE Cowley Secretary one week prior to Steering Committee Meeting