



Mission: RISE Cowley promotes healthy lifestyles by collaborating to raise awareness and encourage involvement for residents of Cowley County, Kansas.

Subcommittee Report

Committee Name: Healthcare

Short-term Outcomes: Raise awareness of Pathways opportunities among decision makers in the healthcare community

Intermediate Outcomes: Adopt organizational policy changes that positively affect the health of employees and patients

Long-term Outcomes: Providers proactively support healthy living, improving health outcomes for those who live and work in Cowley County

Chair of Committee: *Present:* Sarah Bryant

Committee Members: *Present:* Ruth Bumgarner, Taylor Schwartz; Grant Coordinator Charissa Wall, Rachel Livingston, Heidi Potucek, Krista Carrillo, Charla Myrick, Molly Jones; *Invited:* Jason Hallinan, Tessa Rohrberg, MD, Valerie Braddy, Holly Harper, Amy White

Date of Last meeting: 6/22/2018

Date of Next meeting: 7/24/2018 at 3pm (location TBD)

Action Items In Progress/Pending:

- Committee members to research available programming for tobacco cessation that could be supported locally and through smartphone enabled technology (instead of or supplemental to KanQuit)
- Next meeting to continue brainstorming for coordination grants, focus discussion on healthy eating
 - **Budget Requirements:** n/a

Action Items Completed:

- Have delivered Pathways Care Packages to William Newton Hospital, Sunflower OB-Gyn, ABC Medical, Bluestem Family Health, Walnut Valley Feet & Ankle, Health Professionals of Winfield, Bloedel Surgery & Endoscopy, Winfield Surgery & Services, Community Health Center of Cowley County, Hillside Medical, Family Care Center, Winfield Medical Arts, Summit Clinic, Ark City Clinic, Four County Mental Health, South Central Kansas Medical Center, City-Cowley County Health Department, Family Life Services, William Newton Home Health
- Identified additional 2nd tier healthcare providers to consider: private practice mental health, chiropractors, physical therapists, dentists, dieticians, home health agencies, skilled nursing facilities, hospice care

- Discussed provider grant opportunities and ideas
- Brainstormed ideas for “Coordination Is Key” grant opportunity related to tobacco cessation
 - “One less” initiative with local support through an app, text/email reminders, check-ins, peer group, referrals to tobacco cessation resources, and prizes/rewards for participants
- Shared information about upcoming Town Hall meeting for Community Health Needs Assessment on August 21 from 11:30am to 1pm at the Winfield Public Library; Encouraged providers to take the survey at: www.surveymonkey.com/r/CowleyCHNA
 - **Budget Requirements:** n/a

Recommendations:

- **Budget Requirements:** see above

Questions for the Steering Committee:

- *Question asked by Sunflower Ob-Gyn:* Does seeking a “Coordination is Key” grant as a group of healthcare providers preclude a provider from also seeking a grant opportunity through “Protocols and Policy” or “Small Steps to Health”?
 - *Answer from Virginia Barnes at BCBS:* We have had several communities work together as a group and apply for the achievement grant as one large sum to put the full \$10,000 toward one project. I also don't see why they cannot all work together as a group to implement changes, but then apply for funds as individual organizations to meet the needs in each provider office. I will leave it up to you and that group to determine how they would like to split up the available funds if that is the case.

Other Comments: n/a

Submitted by: Sarah Bryant

Date Submitted: 6/22/2018

Submission guidelines: Please submit to RISE Cowley Secretary one week prior to Steering Committee Meeting