



Mission: RISE Cowley promotes healthy lifestyles by collaborating to raise awareness and encourage involvement for residents of Cowley County, Kansas.

RISE Cowley-Coalition

Minutes

Tuesday, May 22, 2018 – Winfield Chamber of Commerce, 123 E 9th Avenue, Winfield; 10:00 a.m.

Introductions & Healthy Happenings

Attendees: David Brazil- Community Health Center, Richard Hensley- RISE, Jozette Mumford- Mumford Contracting, Joyce Stockham- Mid-KS Cap, Kathy Graeff- Eagle Nest, Inc., Joan Cales- Winfield Public Library, Stephanie Bortz- Mosaic, Nancy Maier- Mosaic, Bart Redford- Walnut Valley Festival, Tom Langer- City-Cowley County Health Department, Sarah Werner- Winfield Chamber of Commerce, Tim Nihart- City of Winfield, Andrew Lawson- City of Arkansas City, Anita Judd-Jenkins- State Representative, Brian Stone- Cowley Emergency Management, Ruth Gordon- Community Member, Mackenzie Witzke- Agora Architecture, Linda Groth- CASA, Bradley Gamber- Winfield Housing Authority, Rachel Livingston- William Newton Home Health, Veronica Ray- William Newton Home Health, Pam Moreno- Women for KSCC, Valerie Braddy- Rogers Family Dentistry, Kerri Falletti- Cowley First, Holly Harper- SCKMC, Heidi Potucek- Sunflower OB-GYN, Amy White- Sunflower OB-GYN, Charla Myrick- Family Life Services, Lorri Greenlee- USD 465, Carl Martin- Community Member, Kaydee Riggs-Johnson- Southwestern College, Kylie Stamper- William Newton Hospital, Don Ziegler- Easterseals Capper Foundation, Becky Reid- K-State and Extension, Taylor Schwartz- Community Health Center in Cowley County, Charissa Wall- City-Cowley County Health Department, Rylee Jones- City-Cowley County Health Department, Sarah Bryant- William Newton Hospital, Sarah Werner- Winfield Chamber of Commerce, Kammy Downs- Arkansas City Chamber of Commerce, Lori Schwartz- USD 470, Troy Moree- Winfield Recreation Center, Yazmin Wood- Legacy Community Foundation.

1. Minutes of 1/16/2018 (*motion to approve*)

- a. **Langer moved to approve the minutes as presented, seconded by Falletti. Approved unanimously.**

2. Financial report – Langer (*motion to accept*)

- a. Financial report was presented (*see attached*). **Wall moved to approve financial report as presented, seconded by Nihart. Approved unanimously.**

3. **PRESENTATION: Ways to Benefit from the Pathways Grant Program – Wall (*see attached*)**

4. Pathways Tasks

- a. Action Plan Technical Assistance Update(s)/Deadlines – Jones/Wall

- i. The first annual report will be due in August. Jones and Wall requested that all committees update the action plan when necessary prior to the August deadline.

- b. Pathways Subcommittees Reports. *Meeting date(s)/Action plan details/Updates*

1. Community Policy – **Lawson**

- a. The site visit with the Public Health Law Center provided a host of excellent resources regarding community policy. The committee reported the Arkansas City Middle School KAY Club received the “Be the Spark” Grant to place several exercise stations around the walking trail nearest the middle school. RISE wrote a letter of support for this endeavor.

2. Resident/Community Well Being – **Cales/Werner**
 - a. Due to the addition of more lighting on the Broadway walking trail the committee will be hosting a glow walk with healthy snacks to celebrate the success.
3. Food Retail/Restaurants – **Reid/Falletti**
 - a. The committee is working to collect pledges from the restaurants and food retail establishments in the county.
 - b. The Mobile Food Market celebration was well attended and the truck is nearly ready to begin making trips to the rural towns to provide fresh produce and other groceries for those in food deserts.
4. Health Care – **Bryant**
 - a. Healthcare providers in the county were invited to be a part of RISE Cowley through invitations hand-delivered by committee members.
5. Schools – **Greenlee/L.Schwartz**
 - a. The committee is working to start a new program for birthdays in schools. This program will decrease the amount of cakes and unhealthy treats brought for each student’s birthday. Instead, the school will provide a healthier cake once a month for all of the students with birthdays in that month. The committee would also like to provide each student with a “birthday” gift from RISE Cowley.
6. Worksites – **Jones/Wall**
 - a. Foundations Training is on July 17, 2018 from 10:00 am – 2:30 pm with lunch provided. Businesses interested in the training must have at least five full time employees.
7. Communications – **Bryant/Lawson**
 - a. The committee is working on developing a strategic communications plan. RISE now has a communications intern to assist with plan development.
 - b. The online content calendar is being routed to social media to increase number of participants. In addition, BCBSKS provided the brand identity standards, **for those looking to use the BCBSKS logo, please contact the communications committee prior to using the logo.**
 - c. All community events can be emailed to risecowleyinfo@gmail.com .

5. Other Opportunities:

- a. Update: Bike Racks – **Reid**
 - i. Bike Rack design contest is nearly completed. The Arkansas City bike rack is in the final stages of production and the contest winners from Udall, Burden and Dexter have been selected.

6. Next Meeting of the Steering Committee. *Tuesday, June 12, 2018 at 10:00 a.m. at the City/Cowley County Health Department, 320 E. 9th #2, Winfield.*

7. Adjournment. **Adjourned by common consent at 11:05 am.**

8. Informal “Round Robin” discussions within committees took place following the meeting.

FULL coalition meetings - 2018 proposed dates/locations: (2nd Tuesday of odd number months)

July 10 – PRESENTATION: Thrive Allen County with David Toland, Baden Square, Winfield at 10:00 a.m.

September 11 - TBD

November 13 – TBD