



Mission: RISE Cowley promotes healthy lifestyles by collaborating to raise awareness and encourage involvement for residents of Cowley County, Kansas.

Tim, Sarah B, Yazmin and Taylor by Phone, Lorri G, Tom, Andrew, Sarah W

RISE Cowley-Steering Committee

Agenda

Tuesday, October 9, 2018 – City/Cowley County Health Department, 320 E 9th #2, Winfield – 10:00 a.m.

1. Call to order- 10:04
2. Minutes of 8/14/2018 Steering Committee Meeting (*motion to approve*)
Not available
3. Pathways Tasks
 - a. Action Plan Technical Assistance Update(s)/Deadlines – **Langer for Wall**
 - i. Reports all submitted and Action Plan Submitted
 - b. Survey Participation – **Wood for Wall**
 - i. Data analytics – provide to subcommittees to assist in outlining plan – *TABLED*
 - ii. 184 survey responses completed. Actions to take? Possibly a few events that RISE goes to collect survey responses. Targeted survey ages? Bryant recommended that the survey distribution committee reform and work on targeting specific populations and/or age groups. Fun Run, BACC trailer, other specific events, Baby Shower, **Taylor set up RISE Table next to WNH table. Andrew to work on getting the survey on Channel 7 or possible local channel? Chamber Newsletter. Bryant offer to Cowley Students. Push on Social Media. Flu drive through survey option. Wood to talk to SC Leadership and Cowley Leadership. Wood will regather the Survey Distribution Committee.**
 - c. Pathways Subcommittees Reports. *Meeting date(s)/Action plan details/Updates. Highlights or issues requiring discussion or action by the Steering Committee as written reports should be submitted one week prior to the meeting for distribution with the agenda.*
 1. Community Policy – **Lawson**
 - a. Tobacco Essay Contest is in progress. Already received 2 essays. Possibly a weird overlap between Com/Res Wellbeing.
 2. Resident/Community Well Being – **Cales/Werner**
 - a. Glow walk Oct 25th – Need to circulate flyer through school and in chamber newsletter. Walk at 6:30 near sunset. Everything is prepared for that event. Nihart is still waiting on insurance for a quote for the trail in a box project. Exercise equipment is supposed to be in today for the Broadway walking trail.
 3. Food Retail/ Restaurants – **Falletti/Reid**
 - a. No Report
 4. Health Care – **Bryant**
 - a. Meeting again on 10/10 at Four County Mental Health. Looking at receiving another pledge. Moving forward with our tobacco cessation program template.
 5. Schools – **Greenlee/L.Schwartz**
 - a. Board of Education approved school pledge but are trying to figure out what is next. USD 465 applying for a grant for a standing desk. Working on building the attendance of the committee, next meeting is on October 30th.
 6. Worksites – **Langer for Wall**

- a. Group that got together and looked at moving forward with the pledge and foundations. Working with more businesses to utilize their development tool obtained from foundations training.
- 7. Communications – **Bryant/Lawson**
 - a. Check in with people when delivering window decal. / Pledge partner pow-wow. Possible meeting titled “So I signed the pledge, what’s next?”
 - b. *Listing Subcommittee Successes* – Would like to do a news release with all of the successes. Community Policy- Essay Contest and trail map, Res/Wellbeing- Glow walk, Food retail/Rest- 12 pledges and have created a contract with a dietician, Health Care- 5 providers and 1 hospital pledges and tobacco cessation program, Schools- USD 465 agreed to sign pledge and Winfield middle school has met modeling criteria, Worksites- Foundations training and 4 pledges, Communications- strategic plan made and materials created. Steering committee has elected first officers, hosted speakers, hosted two kickoff events and created new structure.
 - c. *Liaison from each Subcommittee to Communications* – Each committee should send a representative to the communications committee.
 - d. Fun Run – Flyers created for schools, and we have an ad in the Arkalalah **T.Schwartz email out Signup Genius for the Fun Run Volunteers.**

4. Other Opportunities:

- a. Update: Bike Rack Contest – **Reid**
 - i. Bike rack ribbon cutting Oct 25th for the Ark City Bike Rack.
- b. Update: Breastfeeding Advocates of Cowley County (BACC) – **T.Schwartz**
 - i. Baby Shower will be on October 13th from 9-12 for all new and expecting families. Fun prizes and education sessions!
 - ii. Breastfeeding RV will be available at Arkalalah again this year. The RV will be parked across from Bricks.
- c. Way to thank volunteers to avoid burn out.

5. Organizational Development:

- a. Discussion: six month check-in – *How’s it going?*

6. Next Meeting of the Steering Committee. *Tuesday, December 11, 2018 – City/Cowley County Health Department, 320 E 9th #2, Winfield – 10:00 a.m.*

7. Adjournment. (*motion*)

----- COMMITMENTS -----					
Task	Details	Update(s)	Doer	Target Date	Done
Subcommittee Reports	Written report submitted to T.Schwartz		Subcommittee Chair	(1) week prior to next Steering Committee Meeting	
Subcommittee chair contact information	Publish email addresses on RISE Cowley website.		Subcommittee Chair	ASAP	

FULL coalition meetings – 2018-2019 proposed dates/locations: (2nd Tuesday of odd number months)

November 13 – PRESENTATION - Report on Community Health Needs Assessment, Arkansas City Senior Center, 320 S A Street, Arkansas City

January 8, 2019 – PRESENTATION - TBD, Winfield