



Mission: RISE Cowley promotes healthy lifestyles by collaborating to raise awareness and encourage involvement for residents of Cowley County, Kansas.

RISE Cowley-Coalition Minutes

Tuesday, November 13, 2018 – Ark City Senior Center, 320 S A Street, Arkansas City; 10:00 a.m.

Attendees: Sarah Bryant, Felipe Escalante, Charissa Finch, Bradley Gamber, Kathy Graeff, Tom Langer, Andrew Lawson, Gary Mangus, Carl Martin, Troy Moree, Mike Morton, Tim Nihart, Mendy Pfannenstiel, Chloe Prata, Becky Reid, Lori Schwartz, Taylor Schwartz, Sarah Werner, Yazmin Wood.

Introductions & Healthy Happenings Log

1. Minutes of 9/11/2018, **Langer moved to approve the minutes, L. Schwartz seconded. Motion passed.**
2. Financial report – **Langer**
 - a. **Report provided and attached. Lawson moved to approve the financial report, Nihart seconded. Motion passed.**
3. PRESENTATION: **Community Health Needs Assessment (CHNA) – Sarah Bryant**
 - a. Health Needs Assessment identifies factors that affect the county and identify resources to aid in changing and supporting community
 - b. CHNA data helps organizations get grant funding
 - c. Full report is available on William Newton Hospital’s website
 - d. Overall Cowley County has more negative trends compared to Kansas and similar counties
 - e. CHNA helped to identify current needs and what the past needs have been-the Town Hall meeting aided in this process
 - f. 8 Focus areas
 - i. Mental health
 - ii. Drug abuse
 - iii. Tobacco cessation
 - iv. Coordination of care
 - v. Specialty provider
 - vi. Afford health insurance
 - vii. Physical activity
 - viii. Healthy food options
 - g. Follow up meeting determined tactics, leads and partners
4. Pathways Tasks
 - a. Action Plan Technical Assistance Update(s)/Deadlines – **Finch**
 - i. Recently had the first technical call in a while-no new updates
 - ii. Wall reminded chairs to update the action plans
 - iii. Survey- Over 100 new Facebook Page likes, with over 100 survey responses with help from Katie Sawyer (hairstylist)
 - b. Pathways Subcommittees Reports. *Meeting date(s)/Action plan details/Updates*
 1. Community Policy – **Lawson**
 - a. Showed video introducing “Tactical Urbanism”
 - b. Suggested format change- Community Policy to organize as a task force with Lawson as task force coordinator
 - c. Bike assessment plan is still an option-Lawson believes the communities with RISE can do much of the work in-house

- d. Winfield does not currently have a Winfield Master Plan for Parks and Recreation, interested in working on one
 - e. Tobacco 21 could become a state law which would help with the RISE objectives
 - f. **The Tobacco Free parks essays still need a few more reviewers**
 - 2. Resident/Community Well Being – **Cales/Werner**
 - a. Glow Walk was well attended (over 50 people), 2 fitbits given away, exercise equipment installed at the Broadway Walking Trail
 - b. Trail in-a-Box grant has been submitted
 - 3. Food Retail/Restaurants – **Falletti/Reid**
 - a. Mobile Grocery Store is currently on hold due to Save-a-Lot's status
 - b. Waiting on dietician to work with the restaurants
 - 4. Health Care – **Bryant**
 - a. New pledge- Hillside Medical Group, P.A.
 - b. Next meeting on November 28th at Strother Field
 - c. Graves is doing a training for tobacco cessation
 - 5. Schools – **Greenlee/L.Schwartz**
 - a. Had increased participation in last meeting
 - b. Activities/PE grant has been submitted for the Middle School in Winfield
 - 6. Worksites –**Finch**
 - a. Pledges signed
 - i. 800 Main Place
 - ii. Agora Architecture
 - iii. Graves Drug
 - iv. USD 465
 - v. William Newton
 - 7. Communications – **Bryant/Lawson**
 - a. Need representative to Communication from each work group
 - b. Progress for wrap-up
 - c. Fun Run went well – 336 registrants with 326 attendees, RISE was asked to sponsor/run the Arkalalah Fun run again in 2019
 - i. **Langer moved to continue sponsoring the Arkalalah Fun Run, Reid seconded. Approved unanimously.**
5. Other Opportunities:
- a. Report - Breast Feeding Advocates of Cowley County – **T.Schwartz**
 - i. Community Wide Baby Shower- approximately 60 attendees and a strong focus on education
 - ii. The Breastfeeding Bench- project is in progress and BACC is investigating a builder
 - iii. Arkalalah RV- approximately 150 uses
6. Next Meeting of the Steering Committee. *Tuesday, December 11, 2018 at 10:00 a.m. at the City/Cowley County Health Department, 320 E. 9th #2, Winfield.*
7. Adjournment
- a. **Langer moved to adjourn, Reid seconded. Approved unanimously.**
8. Round Table Discussions.

FULL coalition meetings - 2019 proposed dates/locations: (2nd Tuesday of odd number months)

January 8 – PRESENTATION - TBD, TBD, Winfield

March 12 – PRESENTATION - TBD, TBD, Arkansas City

May 14 – PRESENTATION - TBD, TBD, Winfield