



Mission: RISE Cowley promotes healthy lifestyles by collaborating to raise awareness and encourage involvement for residents of Cowley County, Kansas.

RISE Cowley-Coalition Agenda

Agenda

Tuesday, September 11, 2018 – Burden City Hall, 401 N. Main Street, Burden; 10:00 a.m.

Welcome. (*Announce ZOOM recording.*)

Introductions & Healthy Happenings Log

Attendees: Taylor Schwartz, Yazmin Wood, Becky Reid, Ruth Bumgarner, Kathy Graeff, Patty Oneil, Sarah Bryant, Pam Crain, Sarah Werner, Mackenzie Witzke, Valerie Braddy, Tim Nihart, Brian Stone, and Charissa Wall

1. Minutes of 7/10/2018
 - a. *Not available at this time*
2. Financial report – **Langer**
 - a. *No report*
3. PRESENTATION: **Survey Launch and RISE Cowley Update (Annual Meeting) – Wall and others**
 - a. The survey is significantly shorter than it was last year
 - b. Business cards with the information are available to the public to remind them about the survey
 - c. The Facebook post has been boosted with specific parameters to target specific populations
 - d. The survey closes in November
 - e. We would like to get at least 1300 responses
 - f. Reid added a question regarding entering the participants name in for a drawing
 - g. RISE is still interested in being part of some events in the community. Wall raised concerns about the same people doing all the events resulting in burn out
4. Pathways Tasks
 - a. Action Plan Technical Assistance Update(s)/Deadlines – **Wall**
 - b. Pathways Subcommittees Reports. *Meeting date(s)/Action plan details/Updates*
 1. Community Policy – **Lawson**
 - a. Flyers for tobacco cessation essay contest will be delivered to all schools in Cowley County
 - b. Bike lanes in Cowley County continues to make progress but will go slowly
 2. Resident/Community Well Being – **Cales/Werner**
 - a. Trail in a box project continues to move forward, committee is looking at insurance costs
 - b. Glow Walk will take place on October 25th at the Broadway walking trail-walk will celebrate the increased lighting and new exercise equipment. There will be fun activities, prizes and music
 3. Food Retail/Restaurants – **Falletti/Reid**
 - a. Up to 12 restaurant pledge partners, several wanting to work with a dietician and doing a food and environment assessment
 4. Health Care – **Bryant**
 - a. Working on a Tobacco Cessation Program with providers in the county
 - b. Up to 4 providers and 1 hospital as pledge partners

5. Schools – **Greenlee/L.Schwartz**
 - a. The Middle School in Winfield has been deemed a modeling school and is applying for standing desks
 6. Worksites – **Wall**
 - a. 3-4 pledge partners as well as an electronic meeting scheduled to review their development tools
 7. Communications – **Bryant/Lawson**
 - a. Posting pledge photos as well as a short video of the pledges
5. Other Opportunities:
- a. Bike Rack – Ark City Bike Rack is completed and needs to be placed at the library. The ribbon cutting will take place around Arkalalah time.
 - b. Report - Breast Feeding Advocates of Cowley County – **T.Schwartz**
 - i. The Community Wide Baby shower is coming up on October 13th
 - ii. The Family Services RV will be at Arkalalah again this year with places to pump, breastfeed and diaper change.
 - c. VISTA at Legacy Foundation
 - i. Legacy now has two VISTA's working for the next 12 months to help organizations and volunteers developing organizations to become sustainable.
 - d. Arkalalah Fun Run- SOAR and RISE will be running the Fun Run this year at Arkalalah. The committee has decided to open it up to all schools in Cowley County. The committee is still looking for volunteers. The next meeting will be on Thursday at 8:am at Steamy Joes.
6. Next Meeting of the Steering Committee. *Tuesday, October 9, 2018 at 10:00 a.m. at the City/Cowley County Health Department, 320 E. 9th #2, Winfield.*
7. Adjournment. *(motion to approve)*
8. Round Table Discussions.

FULL coalition meetings - 2018 proposed dates/locations: (2nd Tuesday of odd number months)

November 13 – PRESENTATION - Report on Community Health Needs Assessment, Arkansas City Senior Center, 320 S A Street, Arkansas City

January 8 – PRESENTATION - TBD, TBD, Winfield