



Mission: RISE Cowley promotes healthy lifestyles by collaborating to raise awareness and encourage involvement for residents of Cowley County, Kansas.

RISE Cowley-Steering Committee

Minutes

Wednesday, June 12, 2018 – City/Cowley County Health Department, 320 E 9th #2, Winfield – 1:15 p.m.

Sarah Bryant, William Newton Hospital

Joan Cales, Winfield Public Library

Kerri Falletti, Cowley First

Lorri Greenlee, USD 465

Tom Langer, City-Cowley County Health Dept.

Andrew Lawson, City of Arkansas City

Tim Nihart, City of Winfield (Parks)

Becky Reid, K-State Research and Extension

Lori Schwartz, USD 470

Taylor Schwartz, Community Health Center

Sarah Werner, Winfield Chamber of Commerce

Yazmin Wood, Legacy Foundation

Charissa Wall, City-Cowley County Health Dept.

1. Call to order – Wood called the meeting to order at 10:00 a.m.
2. Minutes of 4/4/2018 Steering Committee Meeting (*motion to approve*) **it was moved by Reid and seconded by Lawson to accept the minutes of the 4/4/2018 meeting as presented. Motion passed.**
3. Pathways Tasks
 - a. Action Plan Technical Assistance Update(s)/Deadlines – Wall
 - i. First year report due August 17, 2018
 - ii. Blue Cross Blue Shield made a technical error and Cowley County was left off an email to choose a date for the Business Forum to be presented by Blue Cross Blue Shield. Therefore, RISE Cowley has tentatively selected August 30, 2018. RISE Cowley is currently requesting a date change and some accommodations because of the technical error.
 - b. Data analytics – provide to subcommittees to assist in outlining plan – *TABLED*
 - c. Pathways Subcommittees Reports. *Meeting date(s)/Action plan details/Updates. Highlights or issues requiring discussion or action by the Steering Committee as written reports should be submitted one week prior to the meeting for distribution with the agenda.*

Chairperson Wood reiterated the importance of submitting a committee report prior to the Steering Committee Meeting.

1. Community Policy – **Lawson** – The committee will meet again before the end of the month. **Lawson requested Wall post a question on the community toolbox about experience with Rails to Trails feelers and about creating a RESIST Chapter.**
2. Resident/Community Well Being – **Cales/Werner** – *no report*
3. Food Retail/ Restaurants – **Falletti/Reid** – A target list was created of restaurants and food retail business in Cowley County that may have an interest in working with RISE Cowley. The launch party for the grocery truck was a success. Falletti and Reid are preparing a presentation for the grocery truck summit. **Committee requested that Wall post a question to the community toolbox regarding SNAP/EBT usage and assistance about how other communities use it.**

4. Health Care – **Bryant** – Next meeting scheduled for June 19, 2018. Committee delivered invitations to providers in the county. Committee has received one pledge from Bloedel Surgery.
5. Schools – **Greenlee/L.Schwartz** – Wall presented on behalf of the Schools committee. The monthly birthday party idea has gained traction in the Udall school district, as well as Winfield schools. The grant will need to be submitted by July 15.
6. Worksites – **Wall** – Invitations were hand delivered to different worksites in Winfield. Kammy Downs will be calling on worksites in Arkansas City. Businesses currently committed to attending Worksites Foundations Training will be GE Aviation, City of Arkansas City, and KanPak.
7. Communications – **Bryant/Lawson** – At the last communications meeting the committee discussed the budget for our communications. The RISE Cowley Intern will help develop a communications plan. Each pathway should do a targeted market piece to connect to appropriate audiences. Lawson is working on a news release regarding the new lighting on Broadway path and exercise stations at the Poplar walking path near Arkansas City Middle School and he would like to have a ‘party’ to celebrate in conjunction with another event. The committee is considering an idea to for a stair negative calorie counter or something related to fighting obesity.

When RISE Cowley receives a pledge the committee will have a few members participate in a ‘grip and grin’. The picture will be placed on the website and the participant will be given a window decal for display.

4. Other Opportunities:

- a. Update: Bike Rack Contest – **Reid** – The Arkansas City bike rack has been completed and is at the painter. The Arkansas City Public Library has approved the placement of the bike rack. Bike Rack Design Contest winners have been selected for Udall, Burden and Dexter. A news release and a ribbon cutting ceremony will need to be constructed and planned for the bike rack news.
- b. THRIVE Allen County outreach to RISE Cowley – Discussion regarding availability of steering committee members to participate in the tour and conversation with THRIVE representatives on June 14, 2018 was discussed.

5. Organizational Development:

- a. Reflections – The full coalition meeting needs to move around in the county to accommodate members in other parts of the county (i.e. Arkansas City, Burden maybe Udall). The committee also considered evening meetings.

6. Next Meeting of the Steering Committee. Tuesday, August 14, 2018 at 10:00 a.m. at the City/Cowley County Health Dept, Winfield.

7. Adjournment. (*motion*) The meeting was adjourned by general consensus.

----- COMMITMENTS -----					
Task	Details	Update(s)	Doer	Target Date	Done

FULL coalition meetings - 2018 proposed dates/locations TBD: (2nd Tuesday of odd number months)

July 10 – PRESENTATION: THRIVE Allen County, Baden Square

September 11 – PRESENTATION - Survey Launch and Update (*Annual Meeting*), Burden City Hall

November 13 – PRESENTATION - Report on Community Health Needs Assessment, Arkansas City Senior Center